

Nanbo Discovery Camp

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Clothing, Equipment, Questions and Answers

WHAT WILL THE CAMP PROVIDE?

a chance to meet other great campers and staff members
good, healthy food and plenty of it / shampoo, rinse & toothpaste
sheets, pillow & blanket / a safe and caring environment
opportunities for fun and growth and much more

WHAT MUST CAMPERS TO BRING TO CAMP?

We ask campers to bring clothes for the entire camp session. If it rains heavily, we will wash and dry needed clothing but we aren't equipped to wash clothes on a regular basis. Much of the day will be spent in shorts, bathing suit and a T-shirt. Most everything can be packed into a soft travel bag or backpack and a daypack **that the camper can carry. All items must be clearly marked with the camper's name in water resistant ink.** The numbers below include what the camper might be wearing on the trip to camp.

curiosity

T- shirts - 6

bath towels - 2

bathing suits - 2

pajamas - 1

underwear - 6

shorts - 2

long pants or trainers - 1

sweatshirt - 1

sports shoes (sneakers) - 1

sandals or flip flops -1

socks - 4

***swimming shirt (rash guard) - 1**

***diving mask and snorkel**

***rubber booties or water shoes - 1**

***light sleeping bag for camping**

water bottle w/strap

***see further explanation on the other side**

common sense

small day pack for hiking, etc.

wash cloth

sunscreen

hat with wide brim

wind breaker (rain gear)

plastic bags for dirty/wet clothing

insect repellent

reading books

any medication being taken

flashlight

toilet articles (toothbrush, etc.)

your smile

sense of adventure

Optional - camera

Please do not send electronic games, music devices, food, pets, etc. with your children. Campers will be kept busy enough without all that stuff. If you would like your son/daughter to carry a mobile phone for the trip home, we will hold it in the camp office during the week. Thank you for your understanding.

WHAT WILL MY SON/DAUGHTER BE DOING AT CAMP?

Through observation, exploration, play, sketching, journal writing, sports and more, we will explore the world around us. Water sports (swimming, water play, snorkeling), hiking, camping, cooking, frisbee, tennis and much more, all the while having great fun! Campers will also be involved in activities to strengthen their language skills and science awareness.

*WHAT TYPE OF MASK, SNORKEL AND BOOTIES DO WE NEED?

An **inexpensive** mask made of silicon with tempered glass. A curved snorkel, no ball on the top. It is important that the mouth part fits well. Booties, aqua shoes, or low cut water slippers are needed for tide pool exploration and snorkeling.

*WHAT TYPE OF SWIMMING SHIRT DO WE NEED and WHY DO WE NEED A HAT?

All campers and staff will wear a shirt while at the beach and in the water. An inexpensive, quick drying rash guard or aqua shirt is fine. They are available at Daiei as well as Uniqlo, Land's End and Mont-Bell in Shibuya. **Our campers and staff will always wear a hat while outside during the day.** The sun is very strong during the summer.

*WHY DO CAMPERS NEED A SLEEPING BAG?

Beginning from the July 5 camp session, we are planning to camp at the beach. Campers will need a light, inexpensive sleeping bag. These can be found at department stores and sports shops. Campers coming to earlier sessions don't need to bring a sleeping bag.

SHOULD I TELEPHONE MY DAUGHTER/SON and WHAT ABOUT SPENDING MONEY?

We don't encourage telephone calls except in special situations. If you must call, please call between 7:30am and 8:00am or between 8:00pm and 9:00pm. Please use my mobile number for all calls. There will not be anything that our campers will need money for, other than perhaps a drink for the bus ride to camp.

WILL WE HAVE ENOUGH FOOD TO EAT?

Unless you are very, very picky about what you eat, you will have plenty of good food. We always think about good health and nutrition when choosing our menu. We will also think about the big appetites of active campers who will spend most of every day outside. The campers will help to prepare and serve each meal in small "meal" groups of three or four.

WHERE WILL THE CAMPERS BE SLEEPING and NUMBERS?

The campers will sleep on bunkbeds in one of four rooms in the bunkhouse. When we go camping at the beach, we will sleep in tents. We expect to have between 15 and 25 campers at each session. We always strive to have a very positive camper - counselor ratio.

CAN WE SEND THE BAG BY TAKYUBIN DELIVERY SERVICE?

Yes, if you would like to send a bag or pack with clothing, please make sure that it arrives at camp at least a day before camp begins. Clearly label the pack with your son/daughter's name. Address the pack to me, David Green, at the address above. If you plan to send the bag home at the end of camp, please fill out the round-trip (ofuku) forms before sending the bag to camp.

If you have other questions, please call or e-mail me!